



B.K. BIRLA CENTRE FOR EDUCATION

SARALA BIRLA GROUP OF SCHOOLS
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL

PERIODIC TEST-I-SET-1 (2026-27) SCIENCE

Class: IV

Date: 16/06/'26

Admission no:

Time: 1hour

Max Marks: 25

Roll no:

General Instructions:

- This question paper consists of 16 questions in 3 sections.
 - Section A consists of 5 fill in the blanks & 5 one word questions carrying 1 mark each.
 - Section B consists of 3 Very Short questions carrying 02 marks each.
 - Section C consists of 3 Short Answer questions with 03 marks each.
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SECTION- A

I.Fill in the blanks:

- Foods such as rice, wheat, and maize are rich in _____
- When food items are not stored properly, they can spoil over time due to the growth of harmful _____
- Eating too much fat can cause _____
- Natural fibres are obtained from either _____ or _____ .
- Nylon, polyester, and rayon are some examples of _____ fibres.

II. Answer in one word:

- Give one example of synthetic fibre.
- what is spinning?
- Name two natural fibres used to make clothes and bedsheets.
- Which Nutrient give us the energy that helps us-play and work?
- What is the function of protein?

SECTION- B

III. Answer the following questions in brief:

- Why do some foods need to be cooked?
- Explain the following terms:

a. Nutrients

b. Obesity

13. Why should we take care of our clothes? Explain it.

SECTION- C

IV. Answer the following questions in detail:

14. Draw and label the diagram of a Balanced diet.

15. Explain the following methods of food preservation:

Pickling and Canning

16. Differentiate between natural fibres and synthetic fibres.

*****ALL THE BEST*****